

# MINUTES FROM NOVEMBER 7, 2011 SOUTH CAROLINA SWIM COACHES ASSOCIATION

Meeting called to order

Attendance: Joy Collins (North Augusta HS), Sarah Lowry (Brookland Cayce HS), Peggy Mueller (Chapin HS), Charlotte Giese (Dreher), Abby McElhenny (Boiling Springs HS), Terry Fore (Boiling Springs HS), Bryan Fore (Boiling Springs HS), Brad Blake (West Ashley HS), Jenn Condon (Stratford HS), Anna Daly (Lexington HS), Mike Loser (Spring Valley HS) and Skip Lax (SC HSL).

Minutes accepted from Summer Meeting

Discussion points:

1. A checking account was opened at Wachovia with funds from SCACA (\$300) We will try to get non-profit status
2. State entries – the deadline was discussed. Sat midnight was too early. It was requested that the deadline be moved to Sunday midnight...which would be 11:59 pm Sunday night. Skip and others at SCHSL will look into this.
3. State Meet concerns –
  - most complaints centered around warm-up procedures. It was recommended to allow 1 hour and 20 minutes for warmup and only 10 per lane. More than that...it becomes unsafe.
  - The coaches meeting was during warmups and that was not acceptable. Maybe 2 coaches meetings during BOTH warmup periods.
  - AAA requested to be first next year and flip with AAAA. AAA liked it being in central SC, as opposed to upper state area.
  - 1<sup>st</sup> four races are at a disadvantage...everyone else has warmup pool.
  - Needs to be starts and turns in competition pool
  - NEW RECOMMENDATION SUPPORTED BY SCSCA:
4. Captains Policy was discussed. Promotes leadership and is a good idea as long as swimmers were not going to miss warmup time. 1 boy and 1 girl.
5. Discussion on State meets continued with comparing to other states. 3 day meets; pre-lims and finals
6. Dues were discussed and agreed to stay the same (\$5). Dues will go towards awards for All State Swimmers and Coach of the Year awards.
7. Skip (HSL) asked if we wanted mandatory rules meetings. This has been voted on at previous meetings and the SCSCA has already agreed on this. Skip will take the recommendation to the SCHSL. It was agreed to host 5 meetings to cover the state.
8. Summer meetings – \$100 stipend for each speaker from SCACA. Courtney Shealy Hart (Irmo) suggested Strength and Conditioning. Location to be announced later. Any suggestions, email Mike Loser. Officers will work on getting speakers. 2 one hour slots for speakers in the am and then a SCSCA meeting and Rules meeting in the afternoon.
9. Constitution changes were addressed. Specific wording left to Executive Committee:
  - President term limited to 2 consecutive years

- New President to come from a previous serving Vice-President
- Nominations for Coach of the Year should be broken down to AAAA boy's (2010 Lexington, Anna Daly), AAAA girl's (JL Mann, Cile Williamson), AAA boy's (Fort Mill, Cindy Van Buskirk) and AAA girl's (Hilton Head, Steven Wright). From these, a single Coach of the Year would be voted on.
- Voting for SCSCA Coach of The Year to be done at annual Winter Meeting.

10. Discussion of differences between SCSCA and SCACA Coach of The Year (COTY). SCSCA COTY will be recommended to SCACA for COTY award.

11. All State Swimmers – there was discussion to change the way it is awarded to prevent all 3 awards going to one team, Region or area. It was decided to keep it the same to avoid penalizing any individual swimmer. 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> in each event...individual and relays (all 4 swimmers) for both AAA and AAAA, as well as both boy's and girl's...will be All State.

12. Region Officials – regional officials responsibilities need to be specified. Skip (HSL) stated the purpose for the Officials Organization was to run all meets the same at each venue and meet all guidelines of NFHS.

Specific items of discussion:

- Lane cards are specified in NFHS rule book, are they being used?
- No breaks sometimes between events in dual meets?
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13. Exhibition Heats – Skip (HSL) states there are no rules or provisions for exhibition in any sport. His suggestion “around” the issue is a JV meet. HSL was not aware of exhibition heats. Skip will look into this.

14. Skip Lax (SCHSL rep) had several points to go over with the group:

- Coaching out of season is a violation
- 3 week window for Fall sports to practice is May 1 – May 21
- 75% rule is based on a relay. Only 3 swimmers are allowed in out of season practice.

15. Automatic region qualifiers – options to create a better State Meet were discussed including automatic region qualifiers. Many pools are not standardized and this would not be feasible.

16. Spring Meeting planned for March 6, 2011

Motions Made:

- 2 coaches meetings, 1 during each warmup period. Also, 2 warmups lasting 30 minutes for warmups and 15 minutes for starts and turns. MOTIONED by Brad Blake, 2<sup>nd</sup> by Jenn Condon, passed unanimously
- 3 Constitution changes suggested... 1) President term limited to 2 consecutive years, 2) New President to come from a previous serving Vice-President, 3) Nominations for Coach of the Year should be broken down to AAAA boy's (2010 Lexington, Anna Daly), AAAA girl's (JL Mann, Cile Williamson), AAA boy's (Fort Mill, Cindy Van Buskirk) and AAA girl's (Hilton Head, Steven Wright). From these, a single Coach Of The Year would be voted on and 4) Voting on SCSCA to be done at annual Winter Meeting. These were motioned by Sarah Lowry, 2<sup>nd</sup> by Brad Blake, passed unanimously.
- Motion to recommend SCSCA Coach of The Year to SCACA as their choice for Coach of the Year. Motioned by Jenn Condon, Second by Joy Collins, passed unanimously.